



The Church of St. John the Evangelist, Kitchener ON EAGLE'S WINGS

February 26, 2023

Available online at StJohn316.com/OEW

News from the Community Kitchen Co-op

Ann Coughlin

We've had an exciting couple of months! We were finally able to utilize the City of Kitchener grant that had been put on hold because of Covid. Three cooking workshops, 2 classes each, featuring Vietnamese Chef and Co-op member Thompson Tran, and The Dessert Artist Rochelle Williams took place in our kitchen and upper parish hall on Sundays January 22, February 19 and 26. With 12 participants joining the chefs and a team of volunteers, they not only made delicious dinners and desserts for themselves, learning new techniques and recipes, but the classes also provided dinner for the residents of A Better Tent City!!



We have continued to lead cooking classes every Friday with OneROOF whose SEE (Streets to Employment and Education) program takes place here Monday to Friday. The students cook a full meal with dessert and gain valuable kitchen and food skills. This knowledge will help not only in their daily lives, but also in transferable job skills. The camaraderie that develops between them, their instructors, and us as cooks makes this a fun and welcoming activity. We are so thankful to the United Way Waterloo Region Communities as one of the funders, as well as to the church as a whole and all of the individuals who encounter them here giving them such a warm welcome and sense of belonging. They continue to help around the church, looking after garbage, and in the summer months, the grounds.

Food Not Bombs also cooks, packs and distributes food every week to people in our community. The cooking takes place on Friday evenings (4 – 8) and then is distributed on Saturday afternoon outside the City Hall at the end of the alley. Talk with Simon Guthrie if you would be interested in participating in this.

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Our storage area, full of freezers and fridges, is where the food from The Food Bank of Waterloo Region is received, sorted and stored through the week for supporting A Better Tent City and our other programs. There are opportunities to help as a volunteer cook on site in the ABTC kitchen, and Ann Coughlin has more information if you are interested.

We are now planning a series of events including community dinners, workshops, and cooking classes beginning this spring. The theme is *Cooking For Climate* and is supported by grants from The Anglican Foundation and The Region of Waterloo. There will be lots of opportunities to take part – watch for postings and announcements through the church and on our website: www.kitchencoopkw.org



Altar Guild

Enid Emery

Memorial Flowers

The Altar Guild Memorial flower list for this year will be on the ACW bulletin board next Sunday, March 5th. We still have a number of Sundays available after Easter. If anyone would like to have a friend or family member commemorated in this way, please put your name on a vacant spot on the list, then could you phone me with the date. Enid Emery 519-896-0637.

Easter Memorial Flowers

Also on Sunday March 5th, we will be putting out Envelopes on the tables in both Narthexes for those who would like to make a donation towards the Easter Flowers to decorate the church. We would like to receive your donations by Palm Sunday--April 2nd.

Please indicate the names of all those you wish to have remembered, and remember to put your own name on the envelope also. Please make all cheques out to "St. John's A.C.W" and indicate that it is for "Easter Flowers" in the Memo line. The envelopes can be put on the collection plate.

Sign On Sheet



Advance notice.



We want you as volunteers to help us with the Spring Tea and Hat Auction, called “Everything Old is New Again.”



The tea takes place on the Saturday before Mother’s Day, May 13. Nobody is too old or too young to support this event. Put the date in your calendar.

The **Sign On Sheet** and additional information will be posted in both entrances of the church during April and May.



This will be fun and light hearted after years of COVID! Proceeds will go to various charities.

Please be encouraged to go to the **Sign On Sheet** when posted.



Thank you! Jean Wright



News from the Deanery Refugee Committee:

Ann Coughlin

This is how we begin each meeting:

A Moment for Grace - a prayer for refugees

God of our Wandering Ancestors,

Long have we known that your heart is with the refugee:

That you were born into time in a family of refugees fleeing violence in their homeland,

Who then gathered up their hungry child and fled into alien country.

Their cry, your cry, resounds through the ages: "Will you let me in?"

Give us hearts that break open when our brothers and sisters turn to us with that same cry.

Then surely all these things will follow:

Ears will no longer turn deaf to their voices.

Eyes will see a moment for grace instead of a threat.

Tongues will not be silenced but will instead advocate.

And hands will reach out— working for peace in their homeland,

working for justice in the lands where they seek safe haven.

Lord, protect all refugees in their travels.

May they find a friend in me and so make me worthy of the refuge I have found in you. Amen

Our newest family will have arrived on Thursday, February 23. They land in what is looking like stereotypical Canadian winter weather. However, the welcome that we all, across the Deanery, give them is warm!!

Please keep Alganesh (F), Binyam (M), Yoursalem (F8), and Yonatan (M6) in your prayers as they begin their new lives here in Canada.

We are looking still for people to be volunteer drivers. If we can find 10 people, then that would mean a possible commitment of one half day per week (Monday to Friday) enabling them to get to and from English classes. Please speak to Ann Coughlin if you would be able to help in this way.

We will also be planning a major fundraising effort this spring. The cost of housing and food is much more than it was previously. Pre-pandemic we were able to get a two bedroom apartment for about \$1100. Now we are paying almost \$2000. The government rates have not kept up with this rising cost, so we need to fundraise to make sure we have the money for the whole year. More details to come!!

2023 World Day of Prayer Services

Kitchener – Friday, March 3rd

The Women's Inter-Church Council of Canada (www.wicc.org) annual World Day of Prayer will be celebrated in Kitchener on Friday March 3rd, 2023.

The program material this year was prepared by the Churches of Taiwan, with the theme, "I Have Heard About Your Faith"

Due to the continuing concerns with Covid, we have both digital and in-person service options. The Women's Inter-Church Council of Canada (WICC) has prepared a 55 min. video for our use.

There are four ways that you can participate:

1. You can watch the video on Rogers Cable channel 20 on Friday, March 3rd at 8:30 AM or 5 PM.
2. You can join a Zoom viewing session, followed by a discussion and prayer session hosted by the following church:
St Andrew's Presbyterian Church 7 PM
please email the church directly (office.coordinator@standrewskw.com) before March 2nd, to get the zoom link
3. You can attend the in-person service at:
St George's of Forest Hill Anglican Church - Friday, March 3rd, 10 AM--
OR by livestream <https://livestream.com/accounts/42588512> (stgeorgefh@outlook.com)
assisted by St. Matthews Lutheran, St. Anne's Catholic, St. Andrews Presbyterian and other churches.
4. You can go directly to www.wicc.org and view the video at any time or join the NATIONAL online WDP 2023 service on Saturday, March 4th at 1 pm EST. Breakout rooms before and after the service will give us a chance to "catch up", talk and share our thoughts. To join this service, and receive the Zoom link, please go to <https://www.eventbrite.ca/e/national-world-day-of-prayer-2023-virtual-service-tickets-517837414647>

All donations this year should be made directly to WICC at their website or mailed to:

Women's Inter-Church Council of Canada
47 Queen's Park Crescent East
Toronto, ON M5S 2C3

Walking with Winter

Reprinted from Pastor Wendy Janzen in the February newsletter of Burning Bush Forest Church, submitted by Henriette Thompson

"Winter has much to teach us about the inner journey. It suggests a time of resting and deepening, a time to gather resources needed in other seasons. Winter has a lovely way of calling us home to what is essential. Among those essentials is the simple act of waiting in trust and not trying to make anything happen.

Let the land, the trees, and the plants teach us that what we see at first glance is not the whole truth.

Embrace the season of winter with hope. It is a good teacher. It will lead you to your inmost depths where God is contemplating you."

(Macrina Wiederkehr, in The Circle of Life: The Heart's Journey Through the Seasons.)

Take time this month to rest, to simply be, to allow silence to settle around you. Go out for a walk without earbuds in, without agenda, without someone to talk to. Clear your head, and just enjoy the moment without any need to create meaning. Allow expansiveness and sparseness to be your companions, opening space within that one day may become fertile ground for a seed, but not yet.

Bales

Rosemary Cliff

I am very happy indeed to tell you that despite only three churches being involved with the clothing donations to the Hispanic Migrant workers, we gave quite a number of bags of clothing and hygiene products to Fr. Enrique Martinez the Friday before Christmas. We delivered our donations to St. Andrew's (Kitchener) and thanks to the kindness and thoughtfulness of Rev. Matt Kiewswetter who had set out some food for us, we were able to sit and chat with Fr. Enrique before we all departed.

It seems that this ministry will be ongoing and that two donations a year would be most welcome – spring and autumn. The migrant workers mainly come from Mexico but some also come from Jamaica. Thank you to all those who contributed clothing and hygiene products. It was very much appreciated.

If and when you do out your closets/cupboards, please spare a thought for the migrant workers and put aside any items of clothing that you no longer need.