January 29, 2023

Available online at StJohn316.com/OEW

Parish Pantry Update

Charles Stuart

The fundraising committee at St. John's has been planning for some time now to launch a trial project that will create a small, regular revenue stream for the church. The public health requirements around Covid-19 made it impossible to proceed as originally intended. Once the masking and distancing rules were relaxed, there were still challenges involving volunteers and schedules, access to the upper parish hall kitchen, the timing of the launch, and so on. But at long last, the circumstances are favourable and a new resolve has taken hold, so Parish Pantry is finally going ahead.

The idea is that small groups of parishioners will get together about once a month, perhaps eight or ten times per year, and prepare a simple entrée that can be packaged and frozen for sale to the congregation. Those volunteering to prepare food will have first run their entrée idea and ingredients list by the fundraising committee members (currently Andrea Balfour and Charles Stuart). The onus is on the food preppers to consider entrées that are easy to make, appealing to prospective purchasers, and can be prepared using low-cost ingredients in order to be profitable at a competitive selling price.

The fundraising committee members will take on the first few preparations themselves. If the exercise appears to be both popular and profitable and promises to be viable, there will be a call out for congregants to form volunteer teams. Each volunteer team will have to include at least one member who has been certified through the Safe Food Handling course. Volunteers with certification will be responsible for ensuring that all safe food handling protocols are observed to the letter.

The plastic containers purchased for Parish Pantry are microwaveable, dishwasher safe, and reusable. The intention is to reuse them for subsequent entrées. Those who buy entrées need simply rinse the containers and return them to the church for washing. Any containers that are cracked or otherwise unusable can be placed in the blue box with other plastic recyclables.

The inaugural Parish Pantry entrée is a familiar and popular classic – chili. This three-bean chili will be available in a meat option made with ground beef and a vegetarian option made with meatless ground round. Each frozen entrée is about three cups in volume, which works out to two generous servings for two people or one serving plus leftovers for a single buyer. Around fifty such entrées will be available for purchase at the church following the 10 am service on Sunday, January 29. The cost per entrée is \$10. Purchases are cash only.

The fundraising committee is hopeful that this effort will prove successful and that congregants will be enthusiastic in their support. Any comments or suggestions will be accepted with gratitude by the fundraising committee members.

The next issue of On Eagle's Wings will be available on February 26th, 2023.

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Current Donation Needs



Gift Cards \$10-50

Food Basics Amazon Walmart Once Upon a Child

Shoppers Drug Mart President's Choice Freshco Ultimate Dining Card Tim Horton's



Donate Now

People, K'nex, Lego, Megablocks

Puppets, Board Books,

Puzzles, Dolls with clothes & accessories

Crib sheets, Sleep sacks,

Baby grooming set,

Teething & Bath toys

Playmobile, Little

Just for Mom

- Hoodies
- Fuzzy socks & slippers
- Gift Cards
- Skincare & makeup
- Bath bombs
- Hair styling tools & products

Pull Ups Diapers Formula

Baby food

Wipes

sand, Playdough

Play cooking & cleaning sets, Doctor kit, Kinetic

Plastic bowls, learn to feed spoons & forks, Fresh food feeder

Clothes size 0-4T Boy & Girl, Boots & Shoes, Socks

for pregnant and parenting youth Celebrating 50 years

519-743-0291 x221

www.monicaplace.ca

Please note that we are only able to accept new donations at this time thank you

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Monica Place

Nancy Chittick

Monica Place is located on Herbert Street in Waterloo. It has been providing a residence, supportive housing, training and counselling to pregnant and parenting youth for 50 years. Since Monica Place's inception, St. John's ACW (Anglican Church Women) has provided financial and material support every one of those 50 years. Once again, you are invited to donate new items, gift cards or financial support to help new mothers start off the new year. Please see the accompanying graphic (Page 2) outlining the items needed.

If you would like to donate actual items, a labelled bin will be placed in the narthex starting January 30. If you prefer to donate with either a gift card* or a cheque**, please leave these items with the church office or give it to the warden on Sunday duty. **All donations will be accepted until Sunday, February 19.**

*Gift cards- please indicate the dollar amount if not already on the card.

**Cheques- please make cheques out to "Monica Place"

Wow!



Thank you to the parishioners for supporting the sale of shortbread cookies. Kudos for passing last year's amount by close to \$100 for a total of \$635.



Congratulations to you!



Jean Wright



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How It All Started:

It's Old Hat (or, "Everything Old is New Again")

Jean Wright

As I entered the thrift store I adjusted my hat and, being 90, I slowly henpicked my way through the bargains. There has to be something here that I need or just want, as I rationalized. "I still have room for more new old things, after all, haven't I just dropped off a box of old things that I don't need?"

My enthusiastic and euphoric state took a turn as I entered the clothing department. Like a curmudgeon, I snorted, grumbled and pursed my lips on observing skirts so short to show noble knees, dresses thin enough for a tooth pick, shoes so high they could catapult you right out of the window and blouses so low (well, I will leave that to your imagination!).

Hurrying myself out of this horror story I was confronted with a pitiful sight. My hand immediately went to my head as in front of me was a rack of old hats. Different styles and colours. What a shame. Sly, flirtatious peeks from under the rim as Sammy Hyde passed by, it's church, where is my hat, the special one for afternoon tea with Pierre Trudeau, the big fur hat for those 10 below zero days, the top hat as I danced to "Putting On Your Top Hat," and what about the broken-down bowler in "A Couple of Swells?" Oh yes, I can't forget the Ascot hat for "My Fair Lady." I still think I have it under the bed. Then again, I've always thrown a hat on my head when my hair looks like I've been dragged through a hedge backwards. Hats bring out of us a variety of emotions: panic, sad, happy, silly, quaint, tongue-in-cheek or just plain fun.

In a split second through the rush of memories I just knew I want them all, to hell with expense. They are going to have new life breathed into them. With this thought in mind, my enthusiasm and euphoric state returned as I left the store balancing two hats on my head plus several in both hands.

Oh dear, the project that I decided would be used as a money-maker for my church took on a life of its own. Thirty -two hats so far, under the theme of "Everything Old Is New Again." My hats, I know, are delightfully visual. Some call out "courage" to the wearer, others say "have some fun and play" and yet others demand you wear them with "panache." To one and all who wear my hats I say:

"I doff my hat in turn."

After all, who knows more about hats than we senior ladies? We wore them!

How It Will End:

At a lovely Tea called "Everything old is New Again" host by St John's Congregation on May 13th 1:30 - 4:00pm More to wet your imagination in March's "On Eagles Wings".

- P.S. Put the date in your calendar.
- P.S. Put the date in your calendar: May 13th 1:30 4pm.

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Outreach Project

Jennifer Uttley

As Waterloo Deanery ACW representative, I was approached by Ann Wilkinson from St. Columba's ACW with a suggestion for a Deanery Easter fund raiser designated for PWRDF for Ukrainian relief. I have been in contact with others in the deanery and so far one parish has shown interest.

Are you a knitter? I have included a photo of a knitted chick and bunny. Ann has made many of these chicks in the past with great successful sales. They plan to knit them again this year together with the bunny. The chick holds a creme egg and the bunny a plastic egg that you can fill with candy. They sold them for \$5, that includes the creme egg and candy.

Would you be interested in participating in this project? Perhaps you could work with a friend with one knitting and the other finishing. Ann has supplied the patterns. I am not a knitter but she tells me that you make the chicks you need size 11 (3mm) needles and double weight knitting yarn that you can purchase at Len's. One 50gm yarn is enough for 8 chicks. The ACW would source the crème eggs and arrange the sale.

If you are interested, please email Jennifer Uttley at acw@stjohn316.com and I will send the patterns.



"I Have Heard About Your Faith "

This is the theme of this year's World Day of Prayer Service which has been written by the women of Taiwan.

This year we will be taking part in the service at St. George's Forest Hill Anglican Church on Fischer Hallman in Kitchener on Friday March 3rd at 10:00 am. Please mark your calendars. The service will be followed by light refreshments.

There is a large parking lot behind the church.

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Ask the Bishop

February 15 at 6:00pm, in person + virtual!

Do you have questions about faith? The church? What does it mean to be a follower of Jesus in today's world? You are invited to join Bishop Todd for an evening of conversation guided by what's on your mind. Participate in the discussion either in-person at Huron Church House or virtually on Zoom.

YOUTH VOICES ARE PARTICULARLY WELCOMED IN THIS INTER-GENERATIONAL DISCUSSION!

RSVP by February 14 for in-person attendance or for the Zoom link to the Rev. Sarah Armstrong, sarmstrong@huron.anglican.ca.

Bales

Rosemary Cliff

I am very happy indeed to tell you that despite only three churches being involved with the clothing donations to the Hispanic Migrant workers, we gave quite a number of bags of clothing and hygiene products to Fr. Enrique Martinez the Friday before Christmas. We delivered our donations to St. Andrew's (Kitchener) and thanks to the kindness and thoughtfulness of Rev. Matt Kiewswetter who had set out some food for us, we were able to sit and chat with Fr. Enrique before we all departed. It seems that this ministry will be ongoing and that two donations a year would be most welcome – spring and autumn. The migrant workers mainly come from Mexico but some also come from Jamaica. Thank you to all those who contributed clothing and hygiene products. It was very much appreciated.

If and when you do out your closets/cupboards, please spare a thought for the migrant workers and put aside any items of clothing that you no longer need.

Thanks again.